

# **HYPERSENSITIVITY REACTIONS (HSR) TO ABACAVIR / LAMIVUDINE**

*Important risk minimization material for  
Healthcare Professionals*

# Introduction

- Abacavir is a component of Abacavir / Lamivudine
- In this combination product, hypersensitivity reactions are due to Abacavir. Therefore, subsequent slides frequently use the term 'Abacavir - Hypersensitivity Reactions (HSR)'
- The information included in this educational material is in line with the Summary of Product Characteristics (SmPC) of Abacavir / Lamivudine, Reference Listed Drug (Kivexa) and the SmPC of Abacavir
- This educational material is provided as part of the Risk Management Plans for Abacavir-containing medicines and is not intended to be promotional in nature
- Please refer to the SmPC before prescribing Abacavir / Lamivudine

# Objectives of this Important risk minimization material

- To make healthcare professionals aware of the risk of HSR with Abacavir.
- Identify patients who are at higher risk of experiencing HSR with Abacavir.
- Early identification and management of HSR observed in patients receiving Abacavir.
- How to prevent and minimize Abacavir HSR.
- Importance of making patients aware of the Abacavir HSR
- Lists the contents of the patient safety alert card which is provided in all packs of Abacavir / Lamivudin

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# Section - 1

## Key Risk Minimization Activities

### Abacavir Hypersensitivity Reactions (HSR)



# Key Risk Minimisation Activities: Abacavir HSR (1 of 2)

- Abacavir HSR is characterised by fever and/or rash with other symptoms indicating multi-organ involvement.
- Symptoms usually appear within the first 6 weeks (median time to onset 11 days) although HSR may occur at any time during therapy.
- The risk of Abacavir HSR is higher for patients who test positive for the HLA-B\*5701 allele. However, Abacavir HSR have been also reported at a lower frequency in patients who do not carry this allele.
- Patient's HLA-B\*5701 status must always be documented prior to initiating treatment with Abacavir.
- Abacavir should never be initiated in following patients:
  - All patients with a positive HLA-B\*5701 status

- Patients with a negative HLA-B\*5701 status who had a suspected Abacavir HSR on a previous abacavir-containing regimen

## Key Risk Minimisation Activities: Abacavir HSR (2 of 2)

- If HSR is suspected; Abacavir must be stopped immediately, even in the absence of the HLA-B\*5701 allele. This is because, delay in stopping treatment with Abacavir after the onset of hypersensitivity, may result in an immediate and life-threatening reaction.
- Never re-initiate Abacavir or any other product containing Abacavir, after stopping the treatment for a suspected Abacavir HSR.
- Restarting Abacavir following a HSR can result in the return of symptoms within hours. These symptoms are usually more severe than initial presentation and may include life-threatening hypotension or can be fatal in rare instances.

- Patients experiencing a suspected HSR should be instructed to dispose of or return their remaining Abacavir-containing tablets in order to avoid taking Abacavir accidentally or restarting Abacavir on their own.

# Section – 2

## Important Points to Remember

# Important Points to Remember

Objectives of this section are to acquaint healthcare professionals with the following important points:

- Frequency of Abacavir HSR
- Time to onset of HSR from the initiation of Abacavir therapy
- Risk factors associated with Abacavir HSR
- Recommendation for screening of patients for HSR:
  - When to screen
  - Who should be screened

# Important Points to Remember – Time to Onset of Abacavir Hypersensitivity Reactions (HSR)

# Time to Onset of Abacavir HSR

- Prior to prospective screening for hypersensitivity to Abacavir, the onset time of HSR has been evaluated in several studies.
- Median time to onset in these studies was observed as 6 to 11 days.<sup>1-3</sup>
- ≥90% of the reported cases occurred within the first 6 weeks of starting abacavir.<sup>1-3</sup>
- Delayed onset i.e. reactions occurring later than 12 weeks were uncommon (≤6%)

<sup>1</sup>Hetherington et al. *Clin Ther.* 2001;23:1603-1614.

<sup>2</sup> Mallal et al. *N Engl J Med.* 2008;358:568-579.

<sup>3</sup> Saag et al. *Clin Infect Dis.* 2008;46:1111-1118.



# Time to Onset of Abacavir HSR

Important Points to Remember –  
Risk Factors associated with Abacavir Hypersensitivity  
Reactions (HSR)

# Pharmacogenetic Risk Factors for Abacavir HSR

- Patients who are positive for the HLA-B\*5701 allele are at risk for Abacavir HSR.<sup>1-2</sup>
- A prospective pharmacogenetic screening for HLA-B\*5701 is used to identify patients at high risk for Abacavir HSR before initiating Abacavir therapy.
- No other pharmacogenetic markers have been detected in any ethnic groups that increase the susceptibility of patients to Abacavir HSR.<sup>3</sup>

<sup>1</sup>. Mallal et al. *Lancet*. 2002;359:727-732.

<sup>2</sup>. Hetherington et al. *Lancet*. 2002;359:1121-1122.

<sup>3</sup>. Martin et al. *Proc Natl Acad Sci USA* 2004;101;4180-4185.

# Importance of Clinical diagnosis in early detection of patients with Abacavir Hypersensitivity Reactions (HSR)

- HLA-B\*5701 allele is not always present in patients with suspected Abacavir HSR.
- Therefore, screening patients for the presence of HLA-B\*5701 may not predict who will experience HSR to Abacavir.
- Hence clinical diagnosis of suspected Abacavir HSR is of utmost importance for clinical decision making regarding stopping treatment with Abacavir.
- HLA-B\*5701 screening for risk of Abacavir hypersensitivity should never be substituted for appropriate clinical vigilance and patient management in individuals receiving Abacavir

# Important Points to Remember – Recommendations for screening patients for Hypersensitivity Reactions (HSR)

# Recommendations for HLA-B\*5701 Screening

- Before initiating treatment with Abacavir, screening for HLA-B\*5701 needs to be performed in ALL patients.
- Screening is also recommended prior to re-initiation of Abacavir in patients of unknown HLA-B\*5701 status who have previously tolerated Abacavir.
- HLA-B\*5701 status must always be documented prior to initiating Abacavir therapy.
- Abacavir should not be used in patients with:
  - HLA- B\*5701 allele
  - Negative HLA-B\*5701 status who had a suspected Abacavir HSR on a previous Abacavir-containing regimen

# HLA-B\*5701 Screening: Relevance of clinical vigilance and appropriate use of HLA-B\*5701 screening test

- In HLA-B\*5701–negative patients, clinical vigilance is the key for detecting Abacavir HSR.
- If HSR cannot be ruled out on clinical grounds, it is important to permanently discontinue Abacavir and not rechallenge with Abacavir even in the absence of the HLA-B\*5701 allele.
- This is because of the potential for a severe or even fatal reaction in such patients.
- After a suspected HSR, results of pharmacogenetic tests for risk of Abacavir hypersensitivity should never be used to support a drug rechallenge decision.
- HLA-B\*5701 testing must not be used as a diagnostic test after a patient has started treatment with Abacavir.

# Section – 3

## Diagnosis and Management of Abacavir Hypersensitivity Reactions (HSR)

# Diagnosis and Management of Abacavir HSR

The objectives of this section are to:

- Understand the symptoms of Abacavir HSR
- Understand how to diagnose HSR based on:
  - Physical examination
  - Laboratory investigations
- Management of Abacavir HSR



# Symptoms of Abacavir Hypersensitivity Reactions (HSR)

- Occurs in approximately 5 to 8% of patients<sup>1</sup>
- Symptoms can occur at any time during treatment with Abacavir, however, higher frequency is seen during the first 6 weeks of therapy<sup>1</sup>.
- Symptoms worsen in intensity with continued Abacavir therapy.
- Abacavir HSR displays multi-organ involvement with symptoms like fever, skin rash, gastrointestinal disorders (nausea, vomiting, diarrhea), malaise, myalgia, arthralgia, and respiratory symptoms (cough, sore throat)<sup>2</sup>, though there is no rule that individual symptom will always be present.
- Symptoms usually reduce in intensity after stopping (de-challenging) Abacavir.<sup>2</sup>

<sup>1</sup> Mallal S, Phillips E, Carosi G, Molina JM, Workman C, Tomazic J, et al; PREDICT-1 Study Team. HLA-B\*5701 screening for hypersensitivity to abacavir. N Engl J Med. 2008 Feb 7;358(6):568-79.

<sup>2</sup> SmPC Kivexa film-coated tablets. ViiV Healthcare UK Ltd. Last updated on 09Feb2016  
<https://www.medicines.org.uk/emc/medicine/15707>

# Signs and Symptoms of HSR (1 of 2)

- Almost all patients developing hypersensitivity reactions will have fever and/or rash (usually maculopapular or urticarial) as part of the syndrome, however reactions have occurred without rash or fever.
- Other key symptoms include gastrointestinal, respiratory or constitutional symptoms such as lethargy and malaise.
- The signs and symptoms of this HSR are listed below. These have been identified either from clinical studies or post marketing surveillance.

Body involvement	Signs and Symptoms
Skin	<b>Rash</b> (usually maculopapular or urticarial)
<i>Gastrointestinal tract</i>	<b>Nausea, vomiting, diarrhoea, abdominal pain</b> , mouth ulceration
<i>Respiratory tract</i>	<b>Dyspnoea, cough</b> , sore throat, adult respiratory distress syndrome, respiratory failure
<i>Miscellaneous</i>	<b>Fever, lethargy, malaise</b> , oedema, lymphadenopathy, hypotension, conjunctivitis, anaphylaxis

## Signs and Symptoms of HSR (2 of 2)

Body involvement	Signs and Symptoms
<i>Neurological/Psychiatry</i>	<b>Headache</b> , paraesthesia
<i>Haematological</i>	Lymphopenia
<i>Liver/pancreas</i>	<b>Elevated liver function tests</b> , hepatitis, hepatic failure
<i>Musculoskeletal</i>	<b>Myalgia</b> , rarely myolysis, arthralgia, elevated creatine phosphokinase
<i>Urology</i>	Elevated creatinine, renal failure

- Those reported **in at least 10%** of patients with a hypersensitivity reaction are in bold text.
- Almost all HSR to Abacavir include fever and/or rash. It is important to remember Abacavir HSR can present as other signs and symptoms including respiratory and gastrointestinal symptoms.

SmPC Kivexa film-coated tablets. ViiV Healthcare UK Ltd. Last updated on 09Feb2016

<https://www.medicines.org.uk/emc/medicine/15707>

# Abnormalities on Physical Examination in Abacavir HSR

HSR can be diagnosed based on abnormalities in physical examination as explained in the table below:

System	Physical examination abnormalities
Skin	Rash (usually maculopapular or urticarial)
Gastrointestinal system	Abdominal tenderness, mouth ulceration, pharyngitis
Respiratory system	Dyspnea, respiratory distress
Miscellaneous	Fever, edema, lymphadenopathy, hypotension, conjunctivitis
Neurology / Psychiatry	Headache, paraesthesia

Sankatsing SU, Prins JM. Agranulocytosis and fever seven weeks after starting abacavir. AIDS. 2001 Dec 7;15(18):2464-5.

# Abnormalities in Laboratory Tests in Abacavir HSR

- The true incidence of laboratory abnormalities in Abacavir HSR is unknown however its likely that laboratory tests values were probably conducted in more severe cases.
- Laboratory test abnormalities detected in cases of Abacavir HSR are stated below:

## Possible laboratory abnormalities

Haematology: Lymphopenia and thrombocytopenia

Elevated liver enzymes

(Aspartate aminotransferase / alanine aminotransferase)

Increased serum creatinine and creatinine phosphokinase

Chest x-ray normal or diffuse bilateral or lobular infiltrates

Hetherington et al. *Clin Ther.* 2001;23:1603-1614.

# Clinical Management of Abacavir Hypersensitivity Reactions (HSR) (1 of 2)

- Regardless of HLA-B\*5701 status, Abacavir MUST be discontinued immediately in patients experiencing HSR.<sup>1</sup>
- Delay in stopping treatment with Abacavir after the onset of hypersensitivity may result in worsening of symptoms and may lead to immediate and life-threatening condition.<sup>1</sup>
- Abacavir HSR should be clinically managed as per the symptoms and their severity.
- Abacavir or any medicinal product containing Abacavir, MUST NEVER be restarted in patients who have stopped therapy due to HSR.<sup>1</sup>

**If acute illness cannot be differentiated from HSR, STOP abacavir**

<sup>1</sup> SmPC Kivexa film-coated tablets. ViiV Healthcare UK Ltd. Last updated on 09Feb2016

<https://www.medicines.org.uk/emc/medicine/15707>

# Clinical management of Abacavir Hypersensitivity Reactions (HSR) (2 of 2)

- Restarting Abacavir following HSR results in return of symptoms promptly (within hours). This recurrence is usually more severe than initial presentation and may include life-threatening hypotension and death.
- Abacavir MUST BE PERMANENTLY discontinued even if hypersensitivity cannot be ruled out.
- Patients who have experienced an HSR should be asked to return the remaining medicinal product to avoid taking it accidentally or restarting.

**Rechallenge can result in more rapid and severe reaction, which can be fatal.**

**Rechallenge is contraindicated**

SmPC Kivexa film-coated tablets. ViiV Healthcare UK Ltd. Last updated on 09Feb2016

<https://www.medicines.org.uk/emc/medicine/15707>

# Section -4

## NEVER Rechallenge with Abacavir



# NEVER Rechallenge with Abacavir

The objectives of this section are to:

- Understand that Abacavir should NEVER be restarted or accidentally administered to a patient with previous history of Abacavir HSR regardless of HLA-B\*5701 status
- To know what should be done in patients with past history of HSR but unknown HLA-B\*5701 status

# NEVER rechallenge with Abacavir

- If Abacavir therapy is stopped for suspected or confirmed HSR
  - It should NOT be restarted, regardless of patient's HLA-B\*5701 status
- If Abacavir therapy is stopped for reasons other than suspected HSR
  - Prior to re-initiation of Abacavir, screening for HLA B\*5701 allele is recommended in patients of unknown HLA-B\*5701 status who have previously tolerated Abacavir. Abacavir should never be re-initiated in such patients who test positive for the HLA-B\*5701 allele.
  - Rarely, patients who have stopped Abacavir for reasons other than symptoms of HSR have also experienced life-threatening reactions within hours of re-initiating Abacavir therapy. Restarting Abacavir in such patients must be done in a setting where medical assistance is readily available.<sup>1</sup>

<sup>1</sup> SmPC Kivexa film-coated tablets. ViiV Healthcare UK Ltd. Last updated on 09Feb2016

<https://www.medicines.org.uk/emc/medicine/15707>

# Avoiding Severe Morbidity and Mortality - NEVER rechallenge with Abacavir

- Continued dosing in the event of HSR → worsening of symptoms.
- Restarting any abacavir-containing regimen after the patient experiences HSR may lead to more severe, potentially life-threatening events, including hypotension and death.<sup>1</sup>

**RECHALLENGE IS CONTRAINDICATED**

<sup>1</sup> SmPC Kivexa film-coated tablets. ViiV Healthcare UK Ltd. Last updated on 09Feb2016  
<https://www.medicines.org.uk/emc/medicine/15707>

# Section – 5

## Counselling the Patients

(1 of 3)

## Counseling the Patients (1 of 3)

Objectives of this section are:

- To highlight the importance of counselling the patients to reduce the incidence of HSR and facilitate early detection of HSR for proper management.
- To specify the elements of patient counseling, i.e.
  - Making patients aware of symptoms of Abacavir HSR and seriousness of HSR.
  - Explaining patients the importance of contacting the treating physician urgently if they experience any symptoms of HSR on Abacavir / Lamivudine therapy.

- Explaining patients that if their prescriber has stopped Abacavir due to HSR, then they should return remaining Abacavir / Lamivudine tablets and NEVER restart or accidentally consume Abacavir.
- Informing patients that “Patient Alert Card” is available in the pack of Abacavir / Lamivudine which can be taken out from the pack and they should carry it with them all the time.

## Counseling the Patients (2 of 3)

- All patients must be made aware of the possibility of HSR due to Abacavir that may be a life-threatening reaction and the risk of HSR is increased if they are HLA-B\*5701 positive.
- All patients must be informed that if they develop signs or symptoms consistent with a possible HSR to Abacavir, YOU MUST CONTACT YOUR DOCTOR IMMEDIATELY as even an HLA-B\*5701 negative patient can experience Abacavir HSR.
- For symptoms refer to slides 21, 22 and 23.
- Patients who are hypersensitive to Abacavir should be reminded that they must **never** take Abacavir / Lamivudine or any other medicinal product containing Abacavir (e.g. Kivexa, Trizivir, Triumeq) again, regardless of their HLA-B\*5701 status.

## Counseling the Patients (3 of 3)

- In the event of a reaction, patients should have a plan to communicate with the doctor.
- In order to avoid consuming Abacavir accidentally or restarting Abacavir, patients who have experienced an HSR should be asked to return the remaining Abacavir tablets or oral solution to the pharmacy.
- Patients must be advised to contact their doctor before restarting Abacavir if they have stopped it for any reason, particularly due to possible adverse reactions or illness.
- All patients should be reminded of the importance of taking out the Alert Card included in the pack, and keeping it with them at all times. They should be reminded to read the package leaflet included in the Abacavir pack.



# Counselling the Patients – Abacavir / Lamivudine ‘Alert Card’

# Abacavir / Lamivudine Alert Card (with blister and bottle pack (1 of 2)

Patients are provided with an alert card which contains the following:

- Patients should contact their doctor IMMEDIATELY if they experience HSR on Abacavir therapy as it can be life-threatening
- HSR can be suspected if the patients:
  - Develop skin rash; OR
  - Develop one or more symptoms from at least two of the following groups:
    - Fever
    - Shortness of breath, sore throat or cough
    - Nausea or vomiting or diarrhea or abdominal pain
    - Severe tiredness or fatigue, body ache or generally ill feeling

# Abacavir / Lamivudine Alert Card (with blister and bottle pack (2 of 2)

- If patients have discontinued Abacavir due to HSR in past, they **MUST NEVER TAKE** Abacavir or any other medicine containing Abacavir again as within hours they may experience a life-threatening lowering of blood pressure or death.
- On the reverse side of the card, space for updating details of the treating physician / doctor has been provided in order to contact the doctor **IMMEDIATELY** if they experience an HSR.
- If doctor is unavailable, instructions have been provided to seek medical advice from emergency unit of nearest hospital urgently.
- Details of the marketing application authorization holder have been provided to contact in case of any enquiries or for seeking any information about Abacavir. However during medical emergency, patients must contact their prescribing doctor or nearest hospital.

# Abacavir / Lamivudine Alert Card (Snapshot) (1 of 2)

## **SIDE 1**

**IMPORTANT - ALERT CARD**  
**Abacavir/Lamivudine**  
**Carry this card with you at all times**

Since Abacavir/Lamivudine contains Abacavir some patients taking Abacavir/Lamivudine may develop a hypersensitivity reaction (serious allergic reaction) which **can be life-threatening** if treatment with Abacavir/Lamivudine is continued.

**CONTACT YOUR DOCTOR IMMEDIATELY** for advice on whether you should stop taking Abacavir/Lamivudine if:

- 1) **you get a skin rash OR**
- 2) **you get one or more symptoms from at least TWO of the following groups**
  - fever
  - shortness of breath, sore throat or cough
  - nausea or vomiting or diarrhoea or abdominal pain
  - severe tiredness or achiness or generally feeling ill

If you have discontinued Abacavir/Lamivudine due to this reaction, **YOU MUST NEVER TAKE** Abacavir/Lamivudine, or any medicine containing Abacavir (e.g. Trizivir®, Ziagen®, or Triumeq®) again as **within hours** you may experience a life-threatening lowering of your blood pressure or death.

**(see reverse of card)**

# Abacavir / Lamivudine Alert Card (Snapshot) (2 of 2)

## **SIDE 2**

You should immediately contact your doctor if you think you are having a hypersensitivity (allergic) reaction to Abacavir/Lamivudine. Write your doctor's details below:

Doctor:.....

Tel:.....

**If your doctor is not available, you must urgently seek alternative medical advice (e.g. the emergency unit of the nearest hospital).**

For general Abacavir and Lamivudine enquiries information enquiries, contact .....

# Section – 6

## HLA-B\*5701 TESTING

# HLA-B\*5701 TESTING

- What is HLA-B\*5701 Test?
- HLA-B\*5701: Who Should be Tested?
- Screening Methods for HLA-B\*5701
- What do the HLA-B\*5701 Test Results Mean?
- HLA-B\*5701 Screening for Risk of Abacavir Hypersensitivity
- Prospective Screening for Abacavir Hypersensitivity

# What is HLA-B\*5701 Test?

**HLA-B\*5701 is a specific human genetic variation, which is associated with susceptibility to Abacavir hypersensitivity**

HLA-B\*5701 test is a prospective screening method to predict hypersensitivity to Abacavir

- The HLA-B\*5701 allele occurs at approximately 5% frequency in European populations, 1% in Asian populations, and less than 1% in African populations.<sup>1</sup>
- HLA-B\*5701 test identifies people at high risk for this serious allergic reaction; however, HLA-B\*5701 negative people can also experience HSR.

<sup>1</sup> Torkamani, A. Abacavir and HLA-B\*5701. Accessed at <http://emedicine.medscape.com/article/1969668-overview>. Accessed on 31 March 2016.



# HLA-B\*5701: Who Should be Tested?

- Only patients without the HLA-B\*5701 allele should commence treatment with Abacavir

Those who should be tested include:

- All patients who have not yet started HIV treatment and who are going to start an Abacavir regimen.
- All patients who have started HIV treatment but who have never taken an Abacavir regimen but who are going to start an Abacavir regimen.
- All patients of unknown HLA-B\*5701 status who have stopped an Abacavir-containing regimen and who are going to restart an Abacavir regimen

People who have been previously diagnosed with an abacavir HSR should not receive abacavir. HLA-B\*5701 testing is not necessary for these people.

# What do the HLA-B\*5701 test results Mean ?

Result	Meaning	Note
Negative	<ul style="list-style-type: none"> <li>• Patient has lower risk of experiencing an allergic reaction to Abacavir than a carrier of HLA-B*5701.</li> <li>• Patient can be considered for treatment that includes Abacavir.</li> </ul>	Patient may nevertheless still experience an HSR and should consult their doctor if this is suspected.
Positive	<ul style="list-style-type: none"> <li>• Patient is at greater risk of experiencing an allergic reaction to abacavir than a person who has tested negative for HLA-B*5701.</li> <li>• Treatment with Abacavir is not recommended.</li> </ul>	

*The rate of discontinuation due to hypersensitivity to Abacavir has been cut from 8% to 3% owing to genetic screening (P=0.01)<sup>1</sup>*

<sup>1</sup> Rauch et al. *Clin Infect Dis*. 2006;43:99-102.

# HLA-B\*5701 Screening for Risk of Abacavir Hypersensitivity (HSR)

- Primary goal of HLA-B\*5701 screening: To reduce the incidence of Abacavir HSR.
- HLA-B\*5701 screening is an effective and feasible way to reduce the incidence of Abacavir HSR as depicted by the data from the Western Australian Cohort.<sup>1</sup>
- Routine prospective pharmacogenetic testing resulted in a marked reduction in Abacavir hypersensitivity<sup>2</sup>
- There are reports of decline in early discontinuation of Abacavir after introduction of prospective genetic screening<sup>2</sup>

<sup>1</sup> Mallal et al. *Lancet*. 2002;359:727-732.

<sup>2</sup> Rauch et al. *Clin Infect Dis*. 2006;43:99-102.

# Section – 7

## Clinical Studies for Abacavir Hypersensitivity

# Clinical Studies for Abacavir Hypersensitivity

- After the data from Western Australia cohort study<sup>1</sup> were observed, some treatment centers introduced HLA-B\*5701 screening for Abacavir hypersensitivity
- To validate the association of screening with HLA-B\*5701, the following clinical studies were conducted :
  - **PREDICT-1 study:** A prospective study established the role of the HLA-B\*5701 allele as a predictive marker for Abacavir hypersensitivity
  - **SHAPE study:** A retrospective study conducted in United States provides supporting data
  - **ARIES study:** A prospective study using HLA-B\*5701 screening that demonstrated lower Abacavir HSR after implementation of HLA-B\*5701 screening compared with historical studies that did not use genetic screening methods.

<sup>1</sup> Rauch et al. *Clin Infect Dis*. 2006;43:99-102.

# Clinical Studies for Abacavir Hypersensitivity – PREDICT-1 Study

**Objectives:** To determine whether prospective screening for HLA-B\*5701, before treatment with Abacavir, resulted in

- A significantly lower incidence of clinically suspected Abacavir hypersensitivity
- A significantly lower incidence of immunologically confirmed Abacavir hypersensitivity as determined by epicutaneous (skin) patch testing

**Methods:**

*Sample size:* 1956 abacavir-naïve patients infected with HIV-1

*Groups:* 2 groups; prospective screening group i.e. HLA-B\*5701-screened patients i.e. Abacavir was given only to patients who reported negative to HLA-B\*5701 and control group i.e. non-HLA-B\*5701-screened patients i.e. patients were given Abacavir without excluding any patient on the basis of HLA-B\*5701 screening.

*Duration:* 6 weeks

Mallal et al. *N Engl J Med.* 2008;358;568-579.

## Predict – 1 Study (2 of 3)

**Methods (continued):** *End points:* To immunologically confirm, and enhance the specificity of, the clinical diagnosis of HSR to Abacavir, epicutaneous patch testing with the use of Abacavir was done.

### **Results:**

The prevalence of HLA-B\*5701 was 5.6% (higher in whites [6%] than in blacks [ $<1\%$ ]). HSR was clinically diagnosed with a significantly lower incidence in the prospective-screening group (3.4%) than in the control group (7.8%) ( $P<0.001$ ).

**Association Between HLA-B\*5701 Status and Skin Patch Test Results:** In the control group, of 30 patients who had a clinically suspected Abacavir HSR, 23 patients were found to be positive for positive skin patch test while 6 were negative.

Mallal et al. *N Engl J Med*. 2008;358;568-579.



**Conclusion:** Prospective HLA-B\*5701 screening and avoidance of Abacavir therapy in subjects with a positive test result:

- Significantly reduced incidence of a clinically suspected Abacavir HSR
- Completely eliminated the incidence of skin patch test–confirmed Abacavir HSR

These data emphasizes that skin patch testing should not be used as a clinical tool for diagnosis or to justify abacavir rechallenge

Mallal et al. N Engl J Med. 2008;358;568-579.

# Clinical Studies for Abacavir Hypersensitivity – SHAPE Study

# SHAPE Study (1 of 4)

(Study of **H**ypersensitivity to **A**bacavir and **P**harmacogenetic **E**valuation)

## **Rationale for conducting the study:**

- Previous studies have suggested that HLA-B\*5701 is highly associated with Abacavir hypersensitivity in white population. However, low sensitivity of this marker in black subjects may relate to the use of clinical data alone to define Abacavir hypersensitivity<sup>1</sup>
- SHAPE was a retrospective case-control study to estimate the sensitivity of HLA-B\*5701 in both white and black subjects, using skin patch testing to supplement clinical diagnosis of Abacavir hypersensitivity<sup>2</sup>

<sup>1</sup>Hughes et al. *Pharmacogenomics*. 2004;5:203-211.

<sup>2</sup>Saag et al. *Clin Infect Dis*. 2008; 46:1111-1118.

# SHAPE Study (3 of 4)

## **Methods:**

White and black patients with a diagnosis of Abacavir HSR based on clinical findings only (a clinically suspected Abacavir hypersensitivity) or based on clinical findings and a positive skin patch test result (immunologically confirmed Abacavir hypersensitivity) were included retrospectively.

Groups: Patients with Abacavir HSR (HSR within 6 weeks, 2 or more categories of symptoms) and control subjects (who did not have Abacavir HSR for  $\geq 12$  weeks) were tested for the presence of HLA-B\*5701.

Statistical methodology: Sensitivity, specificity, and odds ratios for the detection of HLA-B\*5701 as a marker for an Abacavir HSRs were calculated.

Saag et al. *Clin Infect Dis*. 2008;46:1111-1118.

# SHAPE Study (3 of 4)

## **Results**

- A total of 130 white patients and 69 black patients were identified.
- Immunologically confirmed HSR were noted in 32.3% of white patients and 7.2% of black patients who met the criteria for clinically suspected HSR.
- 100% of white patients (n=42) and black patients (n=5) with immunologically confirmed HSR were HLA-B\*5701 positive (sensitivity, 100%).
- Among all white patients with clinically suspected HSR, sensitivity was 44% (57 of 130 patients tested positive for HLA-B\*5701); specificity among white control subjects was 96%.
- Among black patients with clinically suspected HSR, the sensitivity was 14% (10 of 69 patients tested positive for HLA-B\*5701); specificity among black control subjects was 99%.

Saag et al. *Clin Infect Dis*. 2008;46:1111-1118.

# SHAPE Study (4 of 4)

## Conclusions

- Sensitivity of HLA-B\*5701 in white and black subjects with skin patch test—confirmed Abacavir hypersensitivity was 100%.
- Lower sensitivity of HLA-B\*5701 screening was observed when Abacavir hypersensitivity was defined by clinical diagnosis alone.
- Not all HLA-B\*5701—positive subjects had a positive skin patch test result.
- Prospective HLA-B\*5701 screening may reduce Abacavir hypersensitivity rates in white and black subjects.
- The presence of the HLA-B\*5701 allele is associated with increased risk of Abacavir hypersensitivity, regardless of race.

Saag et al. *Clin Infect Dis*. 2008;46:1111-1118.

- Skin patch testing cannot be used as a screen for patients who have not previously received Abacavir.
- Regardless of the outcome of a skin patch test, patients must stop treatment with Abacavir if hypersensitivity is suspected clinically.
- Skin patch test results must **NEVER** be used to support rechallenging Abacavir in the routine clinical setting.
- Skin patch testing should **NEVER** change clinical diagnosis of Abacavir hypersensitivity.

**A SKIN PATCH TEST IS NOT A SUBSTITUTE FOR HLA-B\*5701 SCREENING!**



# Clinical Studies for Abacavir Hypersensitivity – ARIES Study

# ARIES Study

## **A Large, Open-label Prospective Study Using HLA-B\*5701 Screening**

- This study of subjects starting Abacavir therapy excluded HLA- B\*5701–positive individuals from enrollment.
- The rate of Abacavir HSR among HLA-B\*5701–negative subjects (N=517) was assessed.
- At 30 weeks, 4 individuals (0.8%) were diagnosed with clinically suspected Abacavir HSR.
- **In this study, Abacavir HSR rates were dramatically lower after implementation of *HLA-B\*5701* screening compared with historical studies without prospective screening in this diverse patient population.**

Young et al. *AIDS*. 2008;22:1673-1675.

# Summary of Clinical Studies

- Increased risk of Abacavir hypersensitivity is associated with the presence of HLA- B\*5701 allele, regardless of race.
- Prior to the start of treatment, a prospective screening for HLA-B\*5701 helps identify patients who are at higher risk (HLA-B\*5701-positive cases) of developing Abacavir HSR.
- If the status of HLA-B\*5701 is unknown, the patient should be screened.
- Avoiding treatment with Abacavir in subjects with the HLA-B\*5701 allele significantly reduces the incidence of clinically diagnosed cases of hypersensitivity:
  - HLA-B\*5701–negative subjects are unlikely to experience an Abacavir HSR.
  - HLA-B\*5701–positive subjects are likely to experience an Abacavir HSR.
- If HLA-B\*5701 screening for risk of Abacavir HSR should never be substituted for appropriate clinical vigilance and patient management in individuals receiving Abacavir. Clinical diagnosis of suspected Abacavir HSR remains the basis for clinical decision making.

# Section – 8

## Hypersensitivity Case Studies

# Hypersensitivity case studies

Three case scenarios are presented to illustrate Abacavir HSR:

- Case 1 illustrates typical features of Abacavir HSR
- Case 2 illustrates NEVER to rechallenge with Abacavir in patients experiencing HSR with Abacavir
- Case 3 illustrates that HSR can be experienced in patients tested negative for HLA-B\*5701

# Hypersensitivity Case Studies –

## Case Study 1 – Different clinical presentation of Abacavir HSR

# Case Study 1 (1 of 2)

- A 33 year old male patient on Didanoside 400 mg/day, Lamivudine 150 mg twice a day, Abacavir 300 mg twice a day, Indinavir 800 mg twice a day, ritonavir 100 mg twice a day and Nevirapine 200 mg twice a day (after a 2 week lead-in period of 200 mg / day) developed slight rash on his arms after one and half week
- This was attributed to Nevirapine; however the drug was continued and the rash disappeared after a few days. During following weeks, patient complained about slight nausea.
- After 7.5 weeks, he suddenly developed the following symptoms:
  - Temperature (40°C)
  - Sore throat
  - Ulcers on upper and lower lips
  - Diarrhea
  - Abdominal pain

Sankatsing, Sanjay UC, Prins, Jan M. Agranulocytosis and fever seven weeks after starting abacavir. AIDS Dec 2011; 15(18): 2464-65

## Case Study 1 (2 of 2)

- Physical examination revealed:
  - Enlarged lymph nodes in the neck
  - Oral cavity and throat were normal
  - No skin rash
  - Two ulcers on lips
  - Spleen was enlarged and painful
- Investigations revealed white blood cell (WBC) count  $1.1 \times 10^9/\text{L}$  with  $< 10\%$  granulocytes

### Course of action:

- An allergic reaction was suspected and Abacavir was stopped.
- After 2 days, temperature was normalized, abdominal pain and other symptoms resolved but he developed generalized erythema which also subsided in 2 days without specific therapy.
- Neutrophil count started increasing after 2 days of stopping Abacavir and normalized after 9 days.
- Thus this case illustrates the importance of clinical vigilance in the diagnosis of Abacavir HSR as in this case patient presented without rash which occurs in 3% of patients treated with Abacavir and symptoms appeared late after 7.5 weeks of treatment; typically symptoms appear in 6 weeks of starting treatment with Abacavir.



Sankatsing, Sanjay UC, Prins, Jan M. Agranulocytosis and fever seven weeks after starting abacavir. AIDS Dec 2011; 15(18): 2464-65

Risk minimisation material for Abacavir / Lamivudine

# Hypersensitivity Case Studies –

## Case Study 2: NEVER rechallenge with Abacavir

## Case study 2 (1 of 2)

- After one week of initiation of therapy with Abacavir 300 mg twice a day with Nelfinavir, 46 year old male patient developed:
  - Sudden fever
  - Chills
  - Myalgia
  - Nausea
  - Gastrointestinal discomfort
  - Shortness of breath
- After 24 hours of onset of symptoms, he was admitted to hospital.
- Physical examination and laboratory tests were normal with the following observations:
  - Temperature 40<sup>0</sup>C
  - Blood pressure 100/60 mm of Hg
  - No skin rash
  - Oxygen saturation – 90%
  - CT Chest - Normal
  - Blood, urine, sputum - Normal
- Abacavir was stopped at admission and his temperature dropped 24 hrs later
- Patient was told not to re-introduce Abacavir

Leila E, Lioter, Yves J et al. Abacavir rechallenge has to be avoided in case of hypersensitivity reaction. AIDS Jul 1999; 13(11): 1419

## Case Study 2 (2 of 2)

- After 12 days of discontinuing Abacavir, patient restarted on his own.
- He was found unconscious at home few hours later.
- On admission, he was in shock with:
  - Respiratory distress
  - Fever 40<sup>0</sup>C
  - Generalized rash
  - Central venous pressure 10 cm
  - Confusion
  - Myalgia
- All investigations were normal with no evidence of infection.
- Diagnosis of anaphylactic shock was made and patient was managed with i.v. saline, dobutamine, adrenaline, furosemide and steroids.
- BP returned to normal, rash disappeared with desquamation of extremities
- Acute respiratory distress syndrome and renal insufficiency later worsened leading to death 22 days later.

Leila E, Lioter, Yves J et al. Abacavir rechallenge has to be avoided in case of hypersensitivity reaction. AIDS Jul 1999; 13(11): 1419

# Hypersensitivity Case Studies –

## Case Study 3: HSR can be experienced in patients tested negative for HLA-B\*5701

# Case Study 3

- A 31 year old Taiwanese male patient was started on HAART with a regimen of Efavirenz, Lopinavir / Ritonavir, Stavudine and Abacavir
- After 1 week of this treatment, he suddenly developed:
  - Fever 38<sup>0</sup>C
  - Generalized maculopapular skin rash
  - Chills
  - Headache
- Blood tests showed WBC count of  $0.7 \times 10^9$ /L and Absolute neutrophil count (ANC) of  $0.2 \times 10^9$ /L
- All investigations for causes of fever were negative.
- Abacavir HSR was suspected and it was discontinued.
- All symptoms resolved in 2 days and ANC increased over the following days.
- Genotyping showed that patient was HLA-B\*5701 negative

Truchis P, Mathez D, Abe E, et al. Abacavir induced agranulocytosis in two Taiwanese patients tested HLA-B\*5701 negative. AIDS 2011; 24(8)

THANK YOU